



APP Spotlight

Meet Janice Delgiorno, APN

Janice Delgiorno, APN, is an exemplary leader in the field of nursing. With over 25 years of leadership experience in the field of trauma, Janice has grown from her clinical role as an Advanced Practice Nurse (APN) on the Trauma Service to the Lead Nurse Practitioner (NP) of the Trauma and Acute Care Surgery Advanced Practice Providers (APP) and now serves as the Director for Trauma Services.



Janice's commitment to clinical excellence and teaching is evident through her outstanding contributions to precepting students, presenting at national conferences, and taking a leadership role as the co-chair of the APP Professional Development Committee. She is the co-chair of the Cooper APP Symposium, an all-day educational event. Over the past year, Janice was promoted to the Director of the Trauma Program, where she continues to make a significant impact on patient care, team member

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From the desk of Chief APP Eileen Campbell

The Year in Review

As we reflect on 2024, we can celebrate many wins for our team! In the past year, we welcomed more APPs to our workforce, reaching 584 APPs by year end. With that growth we saw APPs provide more access than ever before, with over 260,000 office visits by our APPs. We welcomed our Cooper Cape APPs to the team and look forward to continued work together!



Our Center for Advanced Practice and AP Council continued to do tremendous work and offer many opportunities to contribute, connect and grow professionally. We welcomed our first two APP Fellows in Hospital Medicine, increased our student pipelines to include more academic affiliations, provided more student clinical rotations with our outstanding preceptors, hosted a very successful APP Symposium and offered a monthly APP Lunch & Learn series. Spoiler alert: look for more information on our Online Journal Club coming your way soon!

We celebrated National APP Week at the end of September and recognized the collective value and contributions of our NPs, PAs, CRNAs and CNSs with others across the country. We came together at town halls and multiple social events including Peer Support Coffee Social, Wellness Walks and Happy Hours, organized by our active Engagement Committee. Our quarterly newsletter kept all informed about the outstanding accomplishments of our incredible team!

We know 2025 will be a challenging year in healthcare as the national landscape continues to evolve. APPs are well positioned to continue to increase access for our patients, close gaps in quality and improve patient and team member experiences. Our collaborative practice with physicians and other members of our health care team provides a comprehensive approach to meet the diverse needs of our patients and achieve excellent outcomes. Our APP workforce will continue to uplift and support one another, pursuing opportunities to drive transformative and positive change. Together, we can achieve remarkable progress and make a lasting impact.

With much appreciation for all you do every day!

Looking forward to a great 2025 ahead!

Eileen

Save the Date

Cooper Annual APP Symposium: Tuesday, Sept. 23, 2025

Doubletree by Hilton, 2349 Marlton Pike West, Cherry Hill, NJ 08002

We are changing it up this year and holding our annual APP Symposium during National APP Week. Look for more information as we again hold the region's most comprehensive educational event for APPs.



ACHIEVEMENTS, RECOGNITIONS, AND HONORS

APP FELLOWSHIP LAUNCHES IN 2024

Cooper for Advanced Practice launched a 12-month fellowship program for newly practicing APPs in hospital medicine, offering in-depth training through extended clinical preceptorships in hospital medicine, along with specialty rotations, didactics, simulation lab sessions, and opportunities for research and professional development. The first two fellows began in Q4 of 2024, with two more expected to join later this year.

CONGRATULATIONS

Ashley V. Weinmann, DNP, MBA, APN, FNP-BC, AGACNP-BC, ACHPN, Director of Interprofessional Education at Cooper Medical School of Rowan University for receiving a



CMSRU faculty appointment as Assistant Professor of Medicine for CMSRU on January 1, 2025. We are so

proud of Ashley on this achievement and look forward to hearing more about her experiences with CMSRU students and faculty.

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Janice K. Delgiorno, MSN, ACNP-BC, CCRN, TCRN, Director, Cooper Trauma Program, on receipt of the AANP State Award for Outstanding Contributions. The award recognizes individuals who have demonstrated excellence that supports the NP role in the areas of



Janice with NJ AANP/ FNAP President Virginia Carreira at the awards announcement in anticipation of the 2025 national conference.

PEARL. The American Association of Nurse Practitioners® (AANP) empowers all nurse practitioners (NPs) to advance accessible, person-centered, equitable, high-quality health care for diverse communities through practice, education, advocacy, research and leadership (PEARL). The AANP State Award for Outstanding Contributions will be awarded in June 2025 in San Diego, California at the national conference.

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Lucy Flood, MSN, APN, FNP-BC, Addiction Medicine, Q4 Provider of the Quarter 2024



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Ivette A. Duncan, MSN, CPNP, PMHNP-BC, CMI-S—Won the 2024 "Excellence in Nursing Education" from the New Jersey League for Nursing. Ivette works in General Pediatrics and Newborn Care.



APP Spotlight

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education, and regulatory requirements for the program, which has an annual volume of over 5,500 patients.

In addition to her work at Cooper, Janice works as an APN in a Pain Management Practice, where her colleagues describe her as a dedicated, calm, and strong leader who is always willing to develop other APNs in the practice. Janice's leadership style is authentic, transparent, and inclusive. She has a high level of emotional intelligence, is articulate, driven to get results, and builds and develops her team very effectively.

Janice's impact goes beyond the walls of Cooper. She has taken leadership roles in academia with her many faculty positions, has presented at numerous national conferences, and authored multiple professional publications. This year, Janice was the recipient of Villanova University's prestigious "Alumni Medallion: Excellence in Leadership in Nursing and the Excellence in Advanced Practice Nursing Leadership Award for ONL-NJ.

Janice Delgiorno is a true star, consistently displaying an impeccable work ethic, conceptual abilities, and creativity in finding solutions to increasingly complex healthcare problems. Her outstanding leadership and professionalism contribute to developing, engaging, and motivating the advanced practice nurse workforce.

MARCH

26

SAVE THE DATE
APP Town Hall

Wednesday, March 26, 2025
7-8 A.M. and 5-6 P.M. virtual via
teams. Details to follow.

2024 Year in Review

AP Council:

Leadership: Ashley Weinmann, APN (Chair), Sandrine Martin, PA-C (co-chair) and Karima Robinson, APN (co-chair).

AP Council 2024 Accomplishments:

– **Formation of the APP Committees:** We successfully established the APP Committees, fostering collaboration and innovation within our team.

– **Launch of the Center for Advanced Practice News to Share Quarterly Newsletters:** In partnership with Cooper Marketing, we co-created and launched the Center for Advanced Practice News to Share Quarterly newsletters, keeping everyone informed and engaged.

– **APP Town Halls:** We held three impactful APP Town Halls, providing a platform for open communication and idea sharing.

– **National APP Week at Cooper:** We celebrated National APP Week at Cooper, recognizing and appreciating the hard work and dedication of our team.



APP Engagement Committee:

Leadership Team: Laura McMaster, APN (co-chair), Angie Treacy, APN (co-chair).
Leads: Colleen Agostini, CRNA, Andrea Branco, CRNA, Katerina Dons, PA-C, Charles Elsea, APN, Kristina Goetz, APN, Shainna McKenzie, APN, Caroline Pyle, APN, Evelyn Robles-Rodriguez, APN, Dana Rosario, APN, Hilda Tucubal, PA-C



APP Engagement Committee 2024 Accomplishments

Community Outreach:

- Organized a Cooper-wide collection of health and hygiene goods for the mission trip to the Dominican Republic, where five APPs traveled to provide essential services.

Fundraising:

- Successfully raised monetary donations and wigs for MD Anderson's Cooper Hair Your Way program, supporting women in need.

Participation and Support:

- Actively participated in and supported the Shoebox Drive for children, significantly impacting their lives.

Social Events:

- Boosted APP camaraderie and engagement by 10% through events such as the BYO-APP Social Event on June 4, 2024, and the APP Happy Hour at the Double Nickel on September 6, 2024.

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2024 Year in Review



Connecting APP Peers:

- Initiated several wellness walks, inviting all APPs across Cooper and utilizing survey-based QR codes to connect APPs with shared interests.

Diversity and Inclusion:

- Achieved remarkable APP attendance at Phillies for Pride Night, showcasing our commitment to diversity and inclusion.



Rewards and Recognition:

- Collaborated with co-leads to create and celebrate Cooper's National APP Week festivities and awards, recognizing the outstanding contributions of our APPs.

APP Transition and Orientation Committee:

Leadership Team: Joe Lever, APN (co-chair), Melissa Iannacone, APN (co-chair). Leads: Katarzyna Andruchow, APN, Lucy Flood, APN, Mary Francis, APN, Dana Gentile, APN, Michelle Henritz, APN, Carolyn Keresztury, APN, Staci Oertle, APN, Lara Roseman, APN, Dawn Stepnowski, APN

APP Orientation and Transition Committee 2024 Accomplishments

Onboarding: Significantly improved our response to the survey sent out at the beginning of 2024, focusing on leadership and new hire experiences throughout the onboarding process.

Graduate APN Program: Cooper's first Graduate APN has successfully completed the program and is now contributing as a colorectal APP.

Preceptorship: Conducted a comprehensive Cooper-wide directory of current APP Preceptors and provided preceptor education during the APP Symposium. Our ongoing recruitment efforts aim to bring in future APP Preceptors.

Mentorship: Conducted a thorough literature review to identify best practices in mentor committees and established connections with successful mentorship programs across the United States. During this time, we conducted a comprehensive needs assessment survey among APP mentees and are currently utilizing the insights gathered to refine our programs and ensuring a personalized and impactful mentoring experience for all members.

APP Professional Development Committee:

Leadership Team: Janice Delgiorno, APN (co-chair) Mary Elizabeth Gaskill, APN (co-chair). Leads: Sharon Byrne, APN, Sarah Cunningham, APN, Pat Mazza, APN, Evelyn Robles-Rodriguez, APN, Kimberly Twaddell, APN, Ashley Weinmann, APN

APP Professional Development 2024 Accomplishments

Research: Conducted an educational conference, Research 101, with an attendance of 17 APPs.

Lunch and Learns: Hosted 12 engaging lunch and learn sessions, with an average of 25 enthusiastic participants per session.

APP Symposium: The Annual Advanced Practice Provider Symposium is a premier educational event for nurse practitioners, physician assistants, certified registered nurse anesthetists, and other healthcare professionals dedicated to providing advanced healthcare services. Attendees had the opportunity to engage in a series of dynamic lectures, hands-on workshops, and invaluable networking sessions, all centered around the latest clinical topics and innovations in the field



Doctorate Prepared Professional:

Identified the number of Cooper APPs holding doctorate degrees and created specialized training to support APPs in presenting posters at the APP Symposium. Participated in the May Cooper APP Town Hall: Doctorate Panel Discussion.

APP Preceptorship: Identified the current process for obtaining a preceptor and aim to streamline and improve it by 2025. Created a comprehensive repository of current Cooper APP preceptors. Delivered targeted education to current and prospective preceptors at the APP symposium with the goal of enhancing their skills and knowledge.

APP Fellowship: Developed a comprehensive 12 months fellowship program for new to practice APPs in hospital medicine with 2 fellows that started in the 4th Qtr 2024.

INTRODUCING:

The APP Journal Club

We are excited to announce the launch of the APP Online Journal Club. It is aimed at advancing education and professional development for Advanced Practice Providers here at Cooper. This initiative will provide a collaborative space to discuss current research, share knowledge, and explore evidence-based practices that enhance patient care and support our growth as healthcare professionals. The date for our first meeting will be **March 20 at 7 p.m.** I hope you will join us! A separate invite will follow. We look forward to providing more information. For questions, please reach out to **Pat Mazza, APN**, who is heading this important initiative.

JOURNAL ARTICLE: As-Needed Blood Pressure Medication and Adverse Outcomes in VA Hospitals.

REFERENCE: Canales, M. T., Yang, S., Westanmo, A., Wang, X., Hadley, D., Ishani, A., Mohandas, R., Shorr, R., & Lo-Ciganic, W. (2025). As-Needed Blood Pressure Medication and Adverse Outcomes in VA Hospitals. *JAMA internal medicine*, 185(1), 52–60.
<https://doi.org/10.1001/jamainternmed.2024.6213>

Journal Club Meeting Invite:

Microsoft Teams Meeting:

Join on your computer, mobile app, or room device
NEED HELP?

[CLICK HERE TO JOIN THE MEETING NOW](#)

MEETING ID: 254 183 803 18

PASSCODE: wq9JY63T

Dial in by phone:

+1-347-352-4669,,86885711#

United States, New York City

FIND A LOCAL NUMBER

PHONE CONFERENCE ID: 868 857 11#

Join on a video conferencing device:

TENANT KEY: cooperhealth@m.webex.com

VIDEO ID: 116 564 242 2

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