

Radiation Treatment for Prostate Cancer (Fiducials)

As part of your treatment course, your doctor will be placing fiducials (small gold seeds) into the prostate tissue to be used as markers for radiation treatment. The markers show up on x-ray images, allowing the doctor to accurately determine the radiation treatment fields and avoid injury to healthy tissue.

We have scheduled an appointment for you on: _____ at _____ a.m./p.m.

Medication will be prescribed by your doctor. All medication should be taken as instructed. You will be given a list of medication to avoid SEVEN DAYS prior to the procedure. If you are taking any of these specific medications, ask your doctor or cardiologist for instructions.

Please remember you are not permitted to drive after the procedure. Please make sure someone will be able to take you home the day of procedure.

Supplies

- Milk of magnesia.
- Two Fleet® enemas (available at any drug store).
- Drinking water or other beverage of your choice.
- Antibiotics prescribed by your doctor.

The Day Before Your Procedure

- Antibiotic in the a.m.
- Antibiotic in the p.m.
- A light dinner (broth, Jell-O® or non-caffeinated beverages).
- Avoid eating large amounts of fresh fruits, vegetables, beans and dairy products to reduce abdominal gas.

The Evening Before Your Procedure

- Take two tablespoons (30 cc) of milk of magnesia. This will help you have a bowel movement.
- Nothing to eat after MIDNIGHT.

The Day of Your Procedure

- Antibiotic in the a.m.

90 Minutes Before Your Procedure

- Take the Fleet enema as instructed at home.
- Bring the second Fleet enema with you to your appointment.

When You Arrive at the Department

- Take the second Fleet enema as instructed. The enema will help clear your rectum of stool before the CT scan. (You do not need an enema every day. It is only required before a simulation.)
- If you feel that you have rectal gas, try to expel it before the procedure.
- Antibiotic in the p.m.
- Remember YOUR DRIVER MUST BE PRESENT AT TIME OF DISCHARGE.

The Day After Your Procedure

- Antibiotic in the a.m.
- Antibiotic in the p.m.
- Do not exercise or lift heavy objects for three days afterward.
- Contact your doctor if you have a temperature greater than 101 degrees F (38.3 C) any time within the first 72 hours after the procedure, blood in the urine, bleeding from the rectum and/or inability to urinate.

If you have any questions or concerns, contact your nurse or doctor, Monday through Friday, 8 a.m. to 5 p.m. at 856.735.6131 or 856.735.6130.